



ACTIVITY 'S TITLE: Communication Task: A Story About a Day at the Zoo

Type of activity: intrapersonal

Number of participants: 1

Participants' academic profile(s): secondary level

Participants' average age: ≥18 years old

Duration: 20 minutes

Necessary materials:

Materials are not required, but the room / place is required to perform the task.

Aim or Purpose:

To evaluate and develop person's verbal and non-verbal communication.

Expected Outcomes:

A person will learn to better express his feelings in both verbal and non-verbal language.

Competencies that will be developed:

- Communication.
- Self-expression.
- Creativity.

Skills that will be developed:

- Speaking.
- Non-verbal communication.
- Social skills.

Project implemented by:





Key terms / special vocabulary about / during the activity:

Communication (verbal and non-verbal), self-expression, creativity, social skills.

Preparation (what needs to be prepared beforehand to make the activity's implementation successful):

To perform the task, it is better to choose a separate room, a place where there are no bystanders. The instructor explains the task to the person.

Activity's step-by-step description:

1. You will be given 20 minutes to complete this task.
2. First, there will be 10 minutes during which I will ask you to "tell" about the day spent at the zoo without words, only with your hands, body movements, eyes, facial expressions. How you went there, what you saw, what emotions you experienced.
3. As the person completes the first part of the task, the second part is explained: sit down now and tell me in words about your day at the zoo.

Recommendations (How to use the tool/resource):

The task can also be done in a group of several people, then share how others managed to understand the person's story, what was easier to understand from the language, and what was easier to understand from the body language.

Evaluation:

After completing the task, discuss with the person what was easy for him, what was difficult, what gave him joy, how it was easier to express his story - in body language or words? Assessing the performance of this task, it is possible to learn more about the subject's self-expression, ability to communicate, courage or modesty, verbal and non-verbal skills, social skills.

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Final observations and methodological recommendations towards the activity's implementation (do's and don'ts):

Try to create a cozy atmosphere so that the person would be able to relax and feel confident doing this task. Encourage the person, support him. Praise for the completed task.

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